

# HOW DO I KNOW

## IF IT'S TRUE?



### WHO CREATED THIS MESSAGE?

Is this source a reliable source of information?



### WHEN WAS THIS PUBLISHED?

Has this source been updated recently?



### IS THIS SOURCE TRYING TO MAKE A POINT OR CONVINCING YOU TO BELIEVE SOMETHING?

Does this information match other credible sources?

Are there any clues there that the author is trying to sell something?



### WHO PUBLISHED THIS?

Are they an expert in this field?

Do they have the authority and credibility to publish information about this topic?