## Victorian Curriculum Outcomes

## FOUNDATION LEVEL

		RE	SPON	SIBIL	ITY	INTEGRITY				:	STREI	NGTH		EMPATHY				BONUS
		LESSON				LESSON				LESSON				LESSON				BOI
ELEMENTS	CONTENT DESCRIPTION	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17
Being healthy,	Identify personal strengths											☆	☆		☆	☆	☆	$\triangle$
safe and active	Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy		☆	☆	☆	☆	☆	☆	☆	☆		☆	☆	☆	☆	☆	☆	$\triangle$
Communicating and interacting for health and wellbeing	Practise personal and social skills to interact with others		☆	☆			☆	☆		☆	☆			☆	☆	☆	☆	
	Identify and describe emotional responses people may experience in different situations		☆	☆				☆		☆					☆	☆	☆	
Contributing to healthy and active communities	Identify actions that promote health, safety and wellbeing		☆	☆	☆	☆	☆	☆	☆	$\stackrel{\wedge}{\Box}$	☆	☆	☆	☆	☆	☆	$\stackrel{\wedge}{\square}$	$\triangle$
Understanding movement	Explore how regular physical activity keeps individuals healthy and well											☆	☆					☆
Creating Digital Solutions	Explore how people safely use common information systems to meet information, communication and recreation needs	☆	☆		☆	☆	☆		☆	☆	☆		☆	☆			☆	☆
	Being healthy, safe and active  Communicating and interacting for health and wellbeing  Contributing to healthy and active communities  Understanding movement	Being healthy, safe and active  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Communicating and interacting for health and wellbeing  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs	Being healthy, safe and active  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Communicating and interacting for health and wellbeing  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Creating Digital Solutions  Explore how people safely use common information systems to meet information, communication and recreation needs	ELEMENTS  CONTENT DESCRIPTION  O1 02  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs	ELEMENTS  CONTENT DESCRIPTION  O1 02 03  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs	Communicating and interacting for health and wellbeing   Identify and describe emotional responses people may experience in different situations   Identify actions that promote health, safety and wellbeing   Identify actions that promote health, safety actions that promote health, safety actions   Identify actions that promote health,	ELEMENTS  CONTENT DESCRIPTION  O1 O2 O3 O4 O5  Being healthy, safe and active  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs	ELEMENTS  CONTENT DESCRIPTION  O1 O2 O3 O4 O5 O6  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Communicating and interacting for health and wellbeing  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs	ELEMENTS  CONTENT DESCRIPTION  O1 02 03 04 05 06 07  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs	ELEMENTS  CONTENT DESCRIPTION  O1 O2 O3 O4 O5 O6 O7 O8  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs	ELEMENTS  CONTENT DESCRIPTION  O1 O2 O3 O4 O5 O6 O7 O8 O9  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Contributing to healthy and active communities  Contributing to healthy and active communities  Creating Digital Solutions  Explore how people safely use common information systems to meet information, communication and recreation needs	ELEMENTS  CONTENT DESCRIPTION  O1 02 03 04 05 06 07 08 09 10  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Communicating and interacting for health and wellbeing  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs	ELEMENTS  CONTENT DESCRIPTION  01 02 03 04 05 06 07 08 09 10 11  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Communicating and interacting for health and wellbeing  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs	ELEMENTS  CONTENT DESCRIPTION  O1 O2 O3 O4 O5 O6 O7 O8 O9 10 11 12  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Identify actions that promote health, safety and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs    Contributing to healthy   Contributing   Contributing	ELEMENTS  CONTENT DESCRIPTION  O1 O2 O3 O4 O5 O6 O7 O8 O9 10 11 12 13  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and wellbeing  Identify actions that promote health, safety and wellbeing  Creating Digital Solutions  Explore how people safely use common information systems to meet  Treating Digital Solutions  Explore how people safely use common information eachs  D1 O2 O3 O4 O5 O6 O7 O8 O9 10 11 12 2 13  D2 D3 D4	ELEMENTS  CONTENT DESCRIPTION  O1 O2 O3 O4 O5 O6 O7 O8 O9 10 11 12 13 14  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and wellbeing  Identify actions that promote health, safety and wellbeing  Contributing to healthy and active communities  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet information, communication and recreation needs  TESSON  LESSON  A 09 10 11 12 13 14  A 14  A 14  A 14  A 15  A	ELEMENTS  CONTENT DESCRIPTION  O1 O2 O3 O4 O5 O6 O7 O8 O9 10 11 12 13 14 15  Being healthy, safe and active  Identify personal strengths  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Practise personal and social skills to interact with others  Identify and describe emotional responses people may experience in different situations  Contributing to healthy and wellbeing  Understanding movement  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet  Creating Digital Solutions  Explore how people safely use common information systems to meet  Explore how people safely use common information needs  D1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	ELEMENTS  CONTENT DESCRIPTION  O1 O2 O3 O4 O5 O6 O7 O8 O9 10 11 12 13 14 15 16  Being healthy, safe and active  Identify people and demonstrate protective behaviours and other actions that help keep themselves safe and healthy  Accommunicating and interacting for health and wellbeing  Contributing to healthy and describe emotional responses people may experience in different situations  Contributing to healthy and active communities  Explore how regular physical activity keeps individuals healthy and well  Explore how people safely use common information systems to meet  Explore how people safely use common information systems to meet  Explore how people safely use communication and recreation needs    Contribution   Contribution

			RESPONSIBILITY  LESSON				INTEGRITY				STRENGTH LESSON				EMPATHY				SN
															LESSON				BONUS
GENERAL CAPABILITIES	ELEMENTS	CONTENT DESCRIPTION	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17
Critical and Creative Thinking	Questions and Possibilities	Consider personal reactions to situations or problems and how these reactions may influence thinking	☆	☆	☆	☆	☆	☆	☆		☆				☆	☆	☆	☆	
		Make simple modifications to known ideas and routine solutions to generate some different ideas and possibilities			☆	☆	☆		☆	☆	☆	☆					☆	$\stackrel{\wedge}{\Box}$	☆
		Examine words that show reasons and words that show conclusions							☆						☆				
	Reasoning	Compare and contrast information and ideas in own and others reasoning	☆			☆	☆	☆	☆	☆	☆	☆	☆	☆			☆	☆	
		Consider how reasons and examples are used to support a point of view and illustrate meaning			☆	☆	☆	☆	☆	☆	☆	☆			☆	☆		☆	
	Meta-Cognition	Consider ways to express and describe thinking activity, including the expression of feelings about learning, both to others and self		$\Diamond$	☆	☆	☆	☆	☆		☆	☆	☆	☆	☆	☆	☆	☆	
		Explore some learning strategies, including planning, repetition, rewording, memorisation and use of mnemonics				☆									☆				
		Investigate ways to problem-solve, using egocentric and experiential language									☆						☆		
	Understanding Concepts	Explore the meaning of right and wrong, good and bad, as concepts concerned with the outcomes of acts		☆	☆	☆	☆	☆	☆	☆	☆					☆	☆		☆
Ethical	Decision Making	Explore the type of acts often considered right and those often considered wrong and the reasons why they are considered so			☆	☆	☆	☆	☆	☆	☆					☆	☆		☆
	and Actions	Explore the effects that personal feelings can have on how people behave in situations where ethical issues are involved		☆					☆		☆					☆	☆	☆	
	Recognition and expression of emotions	Develop a vocabulary and practise the expression of emotions to describe how they feel in different familiar situations		☆	☆		☆		☆		☆					☆	☆	☆	
	David and the first live and	Identify their likes and dislikes, needs and wants, abilities and strengths	☆				☆		☆		☆	☆	☆	☆	☆	☆	☆		☆
Personal	Development of resilience	Recognise that problems or challenges are a normal part of life and that there are actions that can be undertaken to manage problems	☆	☆	☆	☆		☆	☆	☆	☆	☆				☆	☆	$\triangle$	☆
and Social	Relationships and diversity	Identify a range of groups to which they, their family and members of their class belong			☆				☆	☆					☆				
		Practise the skills required to include others and make friends with peers, teachers and other adults						☆	☆						$\triangle$	☆	☆		☆
	Collaboration	Name and practise basic skills required to work collaboratively with peers							☆			☆			☆	☆	☆		
		Use appropriate language to describe what happens and how they feel when experiencing positive interactions or conflict		☆	☆			☆	☆		☆					☆	☆	☆	
	Cultural Practices	Identify what is familiar and what is different in the ways culturally diverse individuals and families live	☆						☆			$\Diamond$					$\triangle$		
Intercultural	Cultural Diversity	Identify what is familiar and what is different in the ways culturally diverse individuals and families live													☆	☆	☆		

